



Cases of DHTR and hyperhemolysis in Sickle Cell Disease

Ross M. Fasano, MD

Director of Apheresis, Children's Healthcare of Atlanta

Pediatric Hematologist, Children's Healthcare of Atlanta

Associate Professor, Pathology & Laboratory Medicine, Hematology

Emory University School of Medicine

rfasano@emory.edu



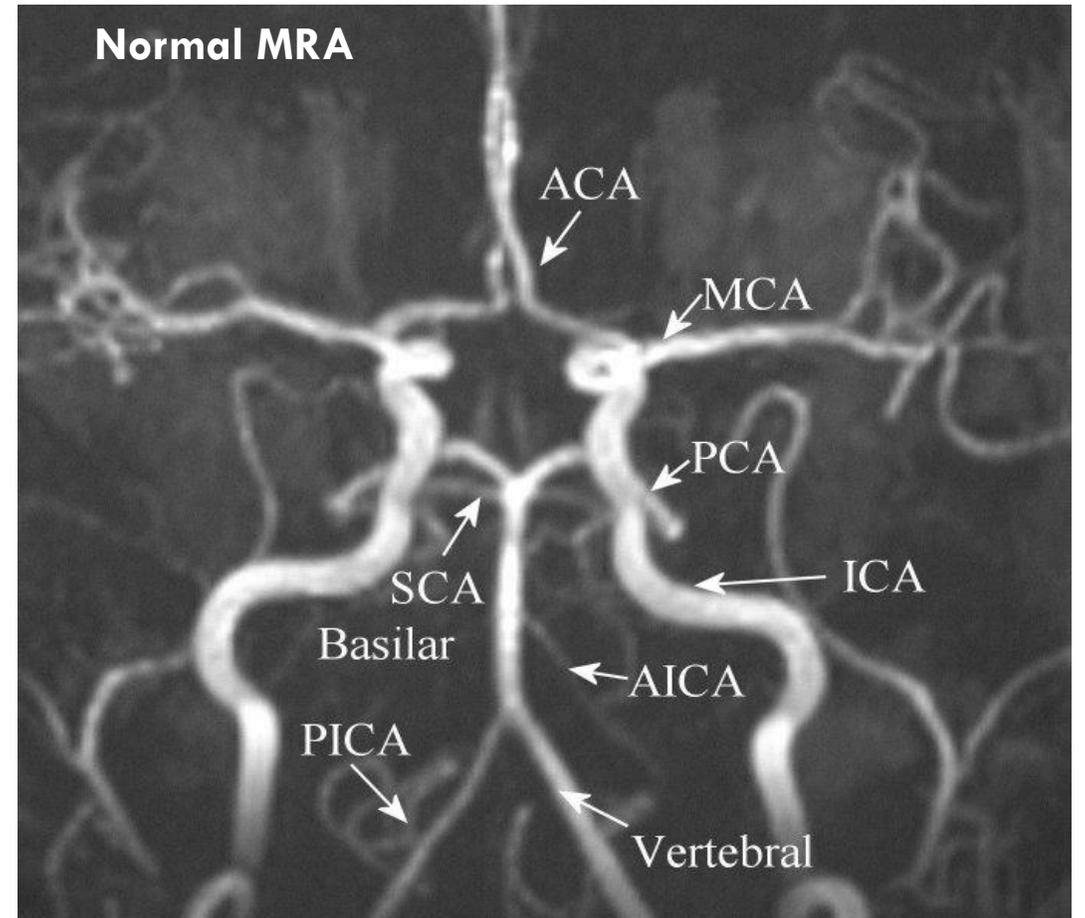
Disclosures

- No relevant conflicts

Case- presentation

- Patient presents acute VOC, with word-finding difficulties -an expressive aphasia (previous strokes presented similarly).
- PE: NIHSS 5 for (mental status questions: could not say month), RUE drift, R facial weakness, and mild anomia.
- MRI upon admission: no acute stroke and chronic L ACA/MCA distribution encephalomalacia
- **Dx: Sickle Cell Crisis/w recrudescence of old stroke symptoms (AKA no acute stroke)**
- **An emergent red cell exchange was performed with 9 units.**

Case- baseline MRA

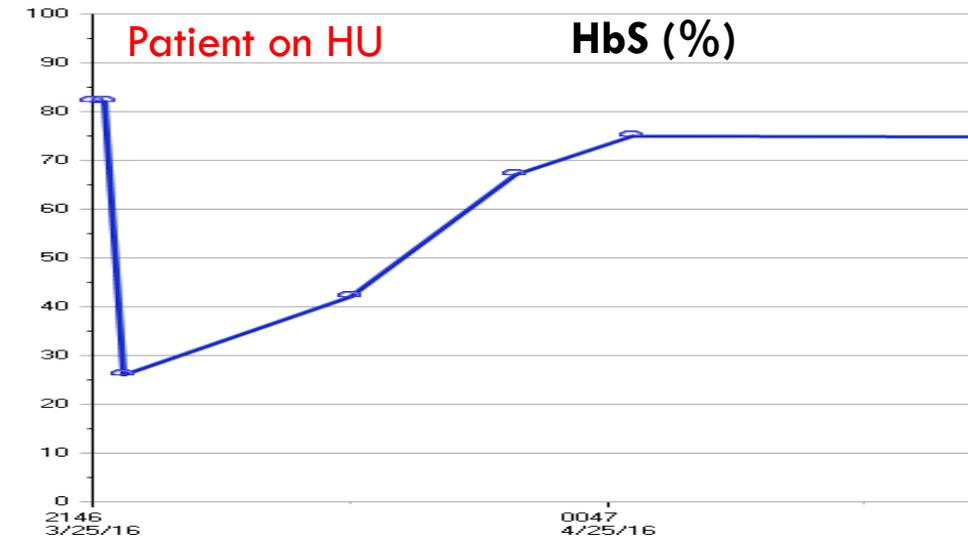
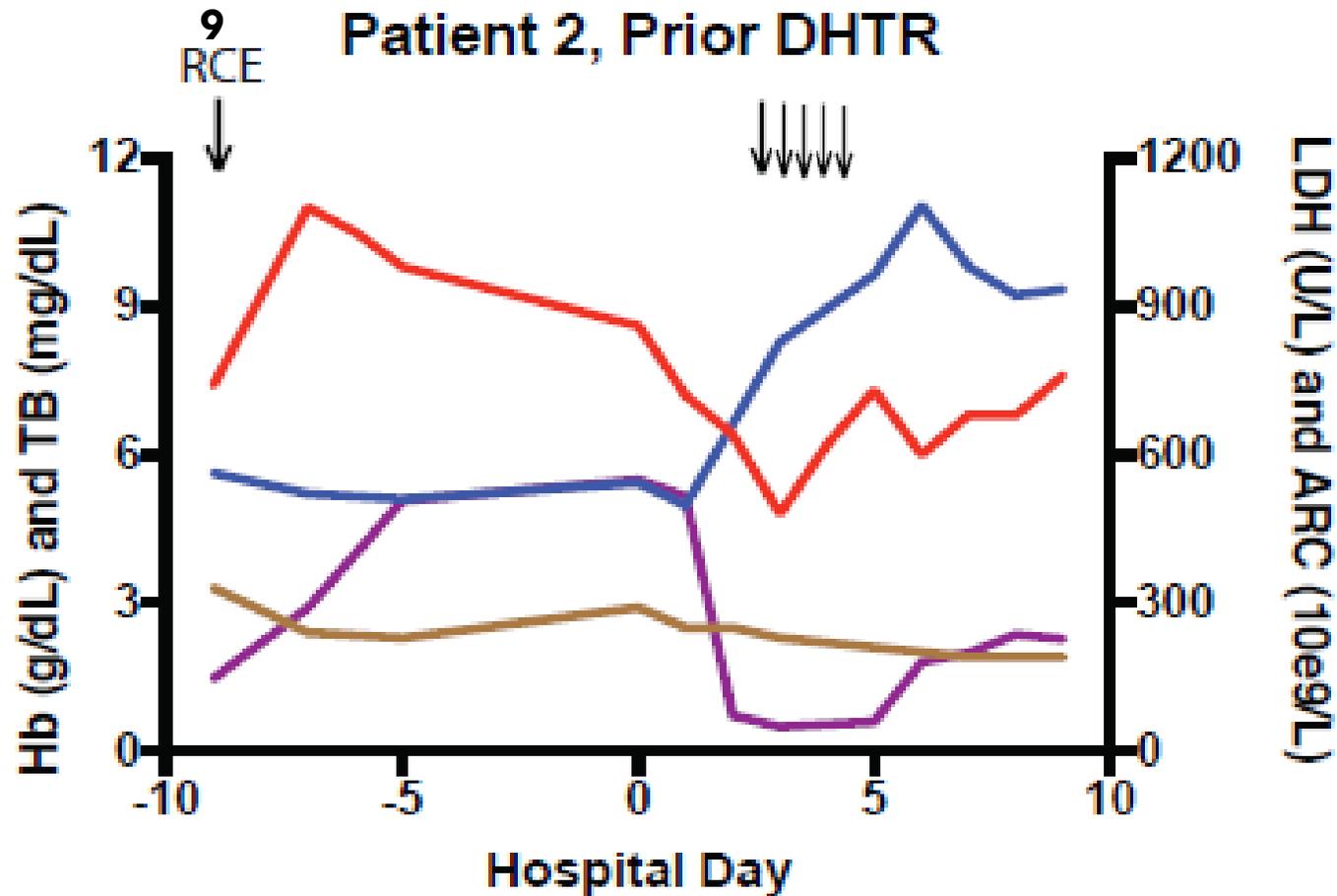


Case continued

- Patient re-presented 7 days post RBCX with diffuse intense body pain in bilateral arms, legs and back
- Received 5 more units RBCs for dropping Hb.
- UA: + hemoglobinuria (D+7, D+28). Ab screens and DAT: negative

Case- DHTR (No antibody identified)

KEY: — Hb — TB — LDH — ARC ↓ Transfusion



Case continued...

- Patient re-presented to clinic with pain and new worsened right hemiparesis and expressive aphasia.
- MRI showed a new left MCA ischemic stroke

~~4.5
6.3 161~~

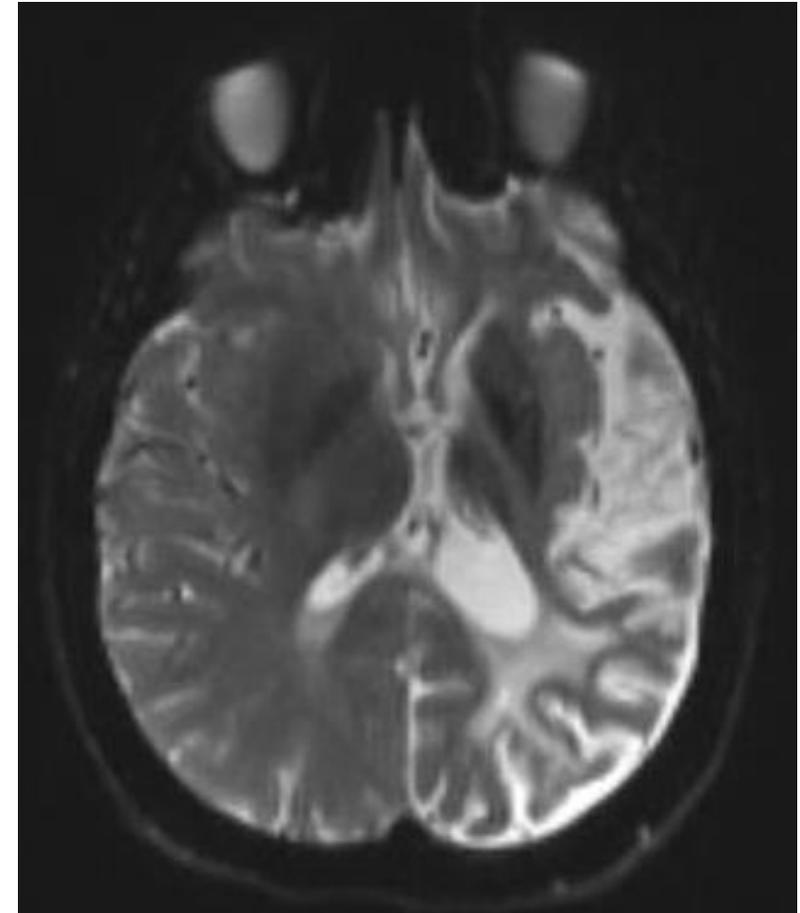
ANC 2900 / μ L

Retic: 1.7%

ARC: 14.8k / μ L

- Dx: Aplastic crisis, new ischemic stroke

- **What to do** 

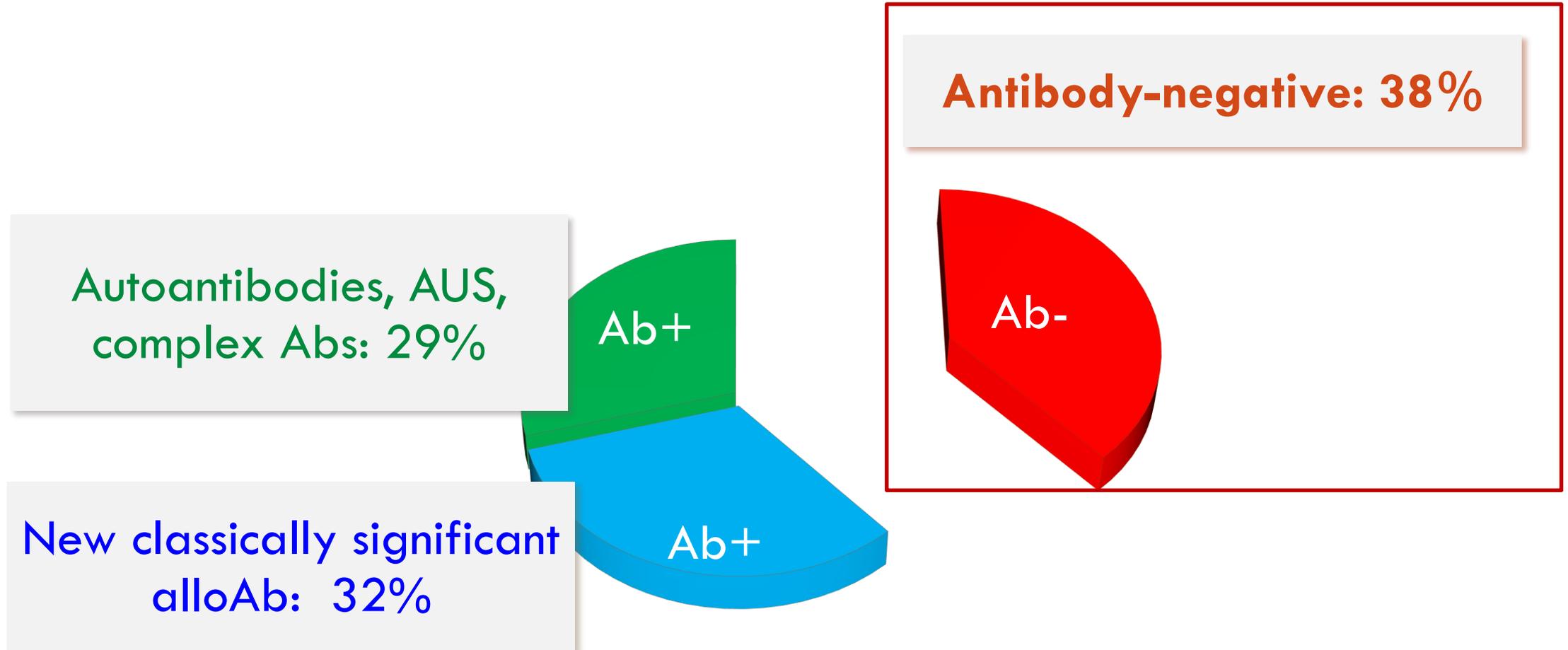


Why Rituximab?

- Rituximab targets CD20, and induces B cell depletion
 - should inhibit primary or secondary immune response to blood group antigens
- Rituximab is effective in depleting B cells in NHL
- Rituximab has been effective in treating many autoimmune disorders that Ab-dependent (e.g. AIHA, ITP, TTP, SLE, etc...)
- Is Rituximab effective in Ab-negative DHTRs?



DHTRs in SCD: Immunohematological Characteristics



Prevention of DHTR with Rituximab

- Retrospective analysis of 8 SCD patients with previous history of multiple antibody-related life threatening DHTR (1 to 4 episodes of DHTR)
- **Pre-Treatment**
 - 2 different Rituximab regimens depending on the patient condition
 - Ritux 1,000 mg x2, 2 weeks apart, (D-30, D-15) before the procedure
 - planned surgery requiring transfusion
 - Ritux 1,000 mg x1
 - acute conditions requiring urgent transfusion
 - In all cases, 10 mg of methylprednisolone (usual dose 100 mg)
- **Transfusion**
 - Extended matched RBCs (Rh/K/Fy/Jk/MNS) and negative for previous antibodies

Prevention of DHTR with Rituximab

- Clinical course (N=8)
 - Median drop of Hb from post-trxn Hb: **1.3 g/dl** (range 0 to 3.8 g/dl)
 - Median LDH max: **461 IU/mL** (range: 271-1180)
 - 5 patients : no DHTR
 - 3 patients : mild DHTR
 - 2 patients had mild clinical symptoms of intravascular hemolysis and/or exacerbation of VOC
- Post transfusion serologic testing
 - In all patients : no new formed antibodies, DAT remains negative

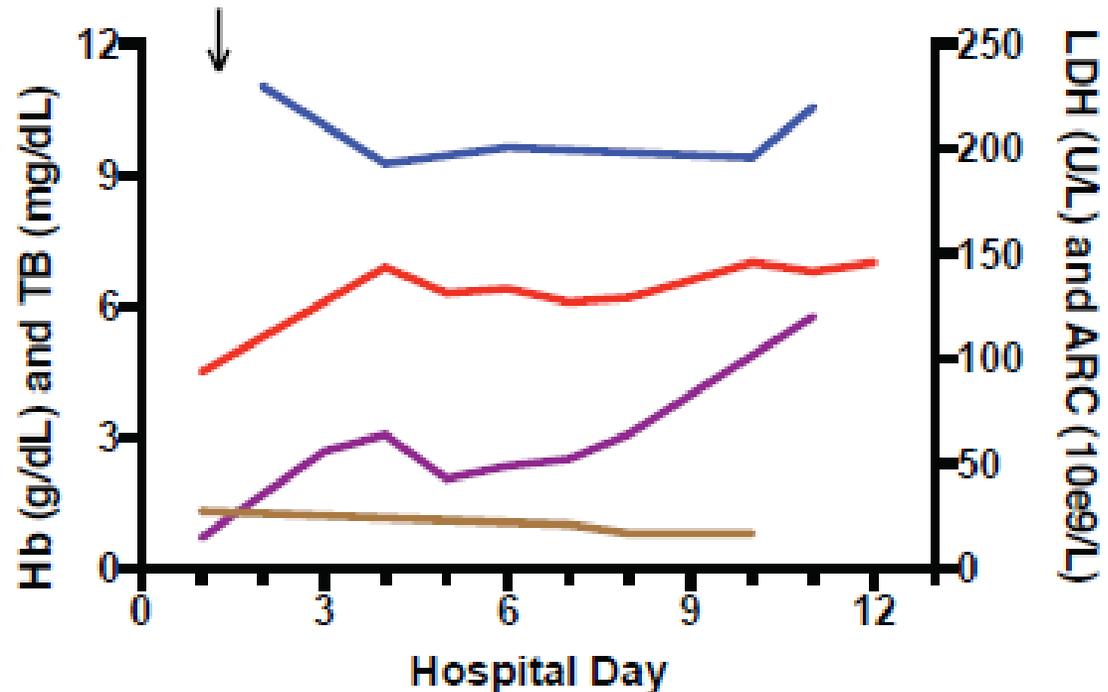
Why Bortezomib?

- Proteasome inhibitor which blocks NF- κ B activation
 - Causes accumulation of misfolded proteins
 - Leads to cell apoptosis, particularly plasma cells.
- **Bortezomib**
 - effective treatment of multiple myeloma and NHL.
 - shown to ameliorate clinical manifestations of refractory SLE
 - **Selective apoptosis occurs in monocytes and monocyte-derived DCs***
 - **Suppresses function and survival of pDC by targeting intracellular trafficking of TLRs****

*Arpinati M, et al. BMT. 2009

**Hirai M, et al Blood 2011

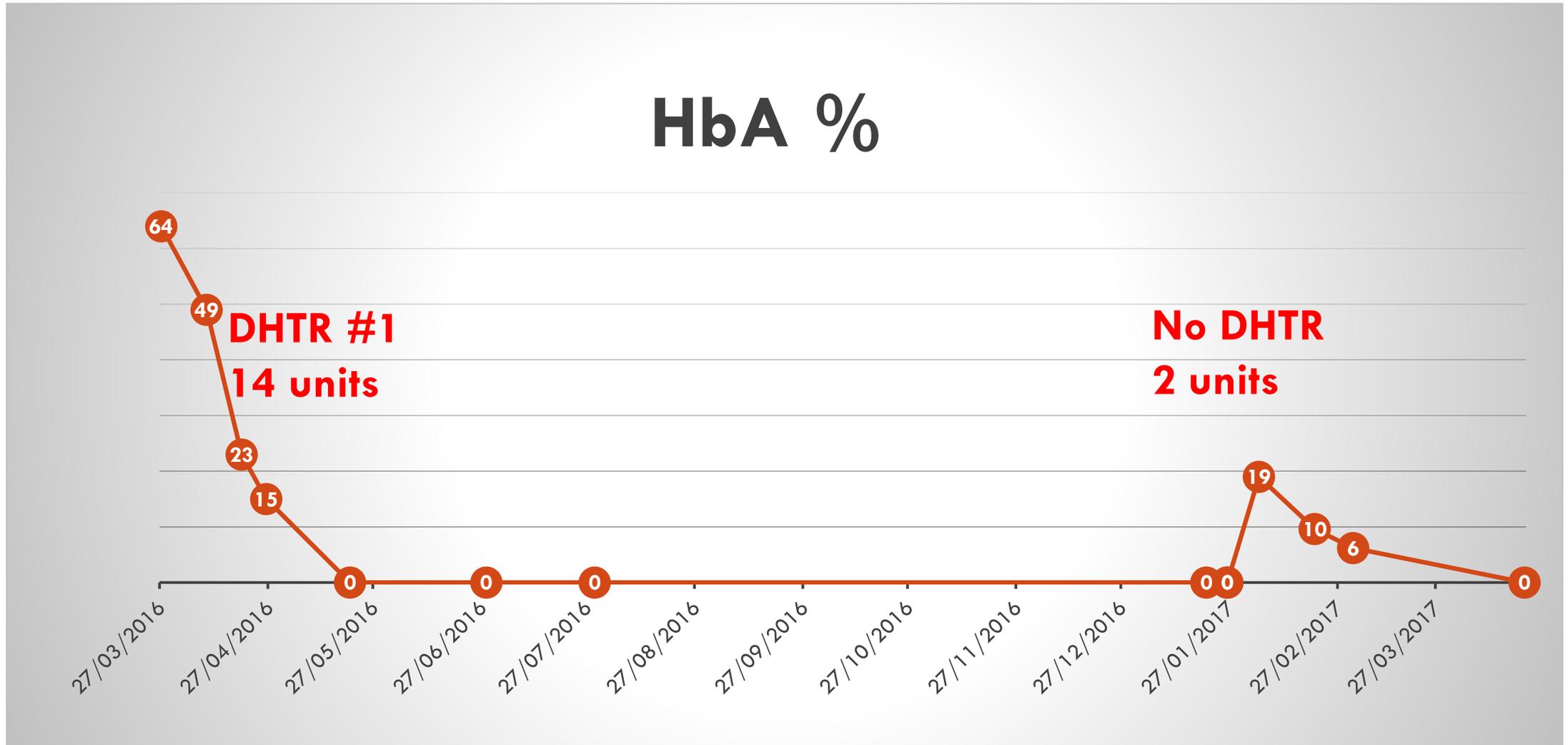
Case continued... No DHTR



Prednisone
60 mg/day

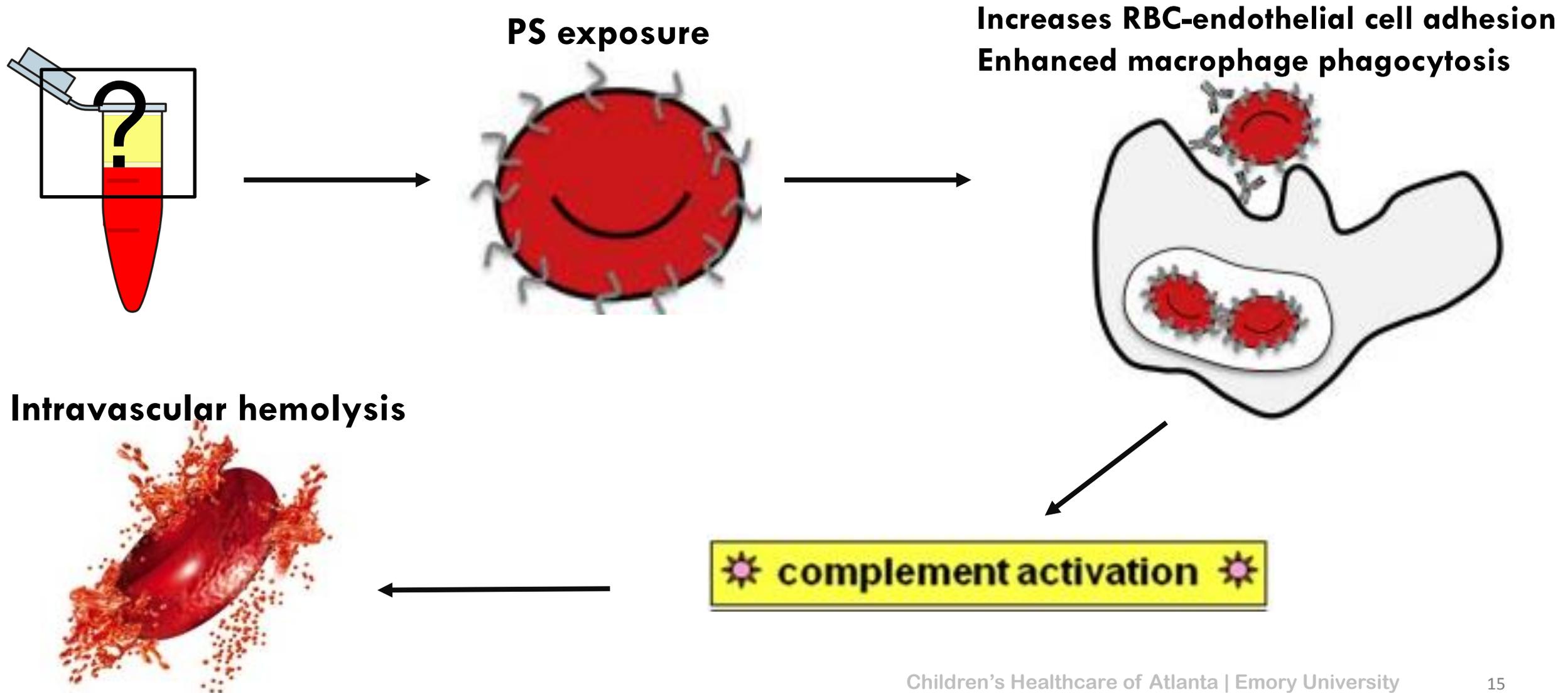
Bortezomib
1.3 mg/m²

Comparison of two transfusion exposures

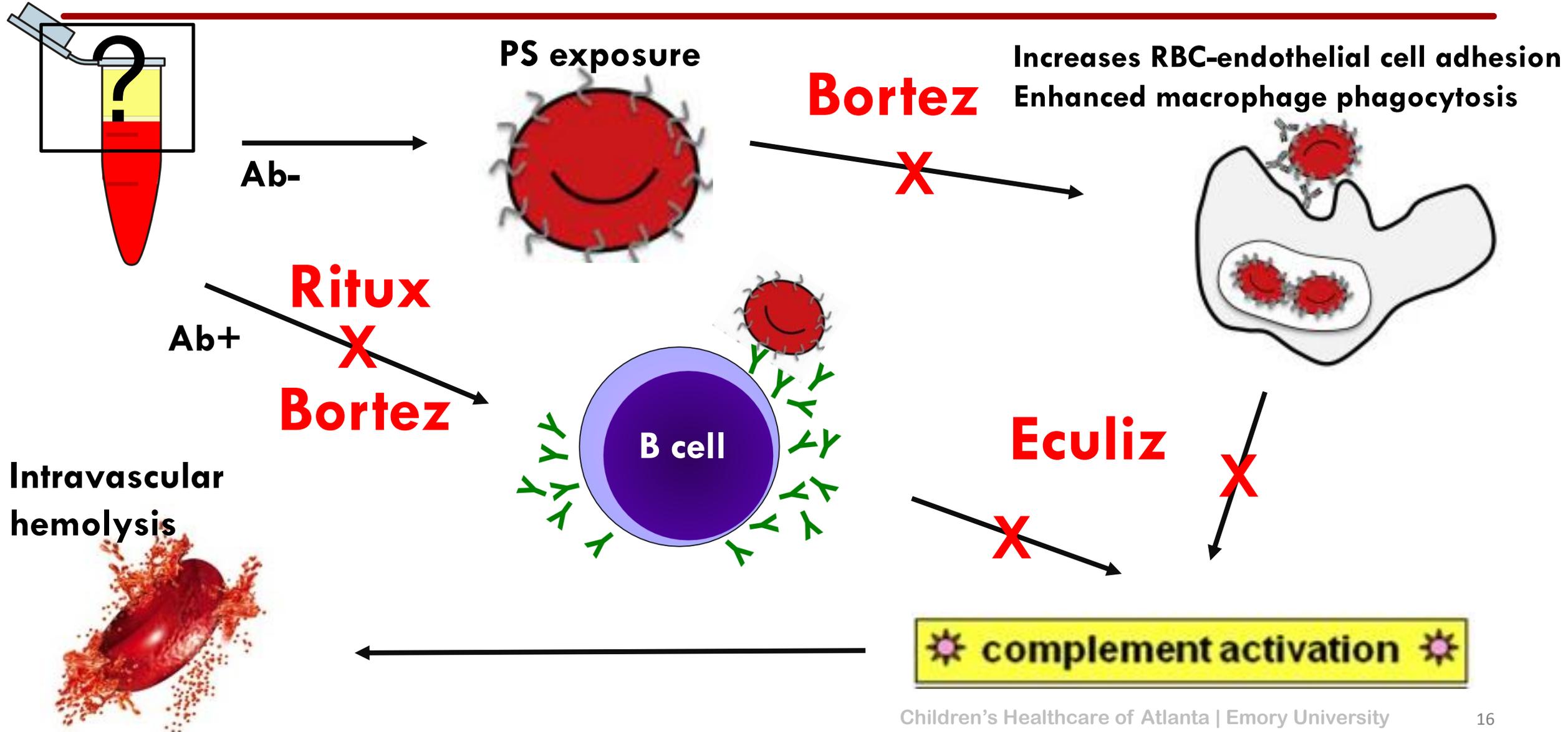


Ab-negative DHTRs: Suicidal Red Cells

Proposed mechanism



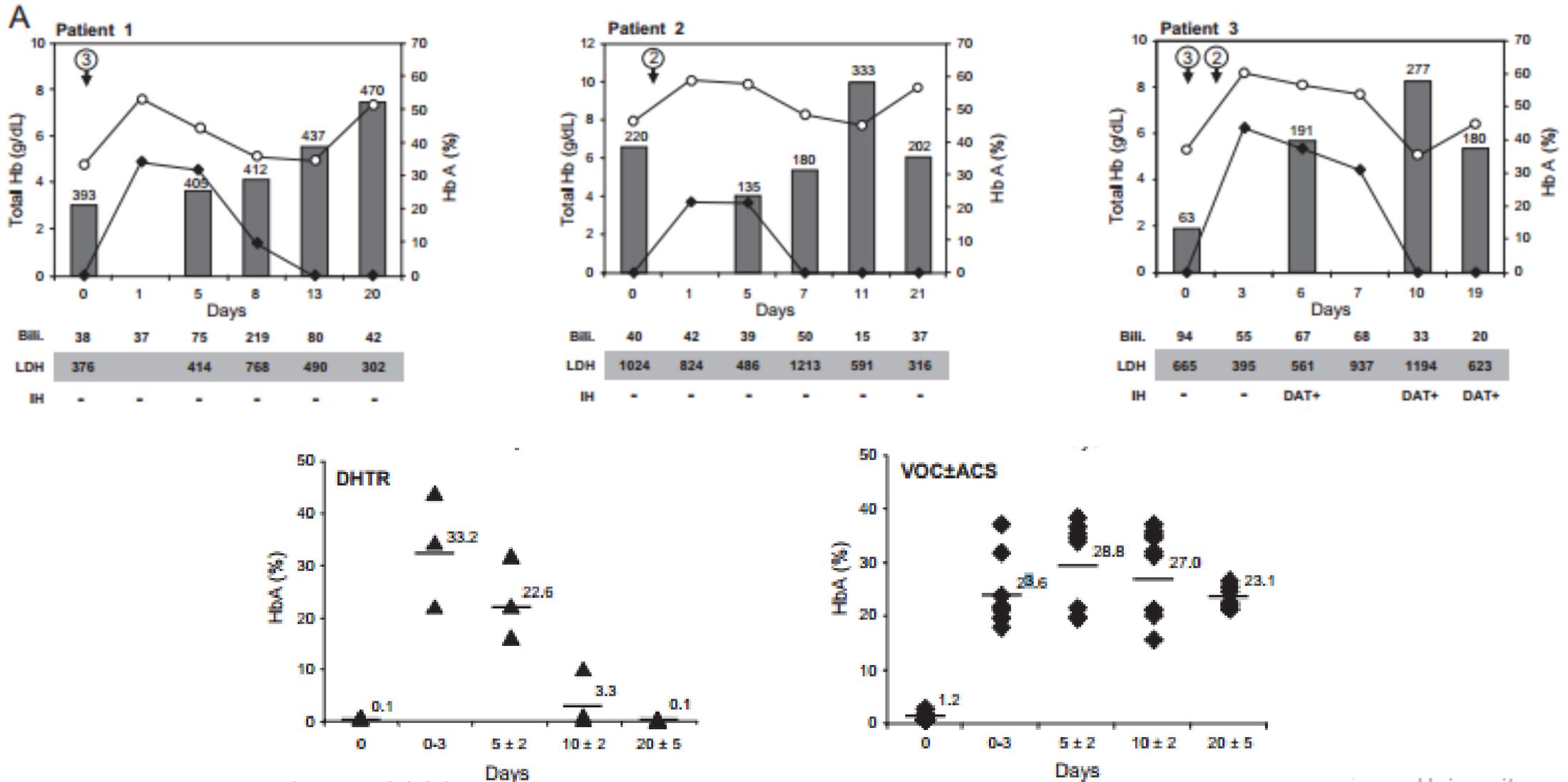
DHTRs: Proposed mechanism and potential treatments





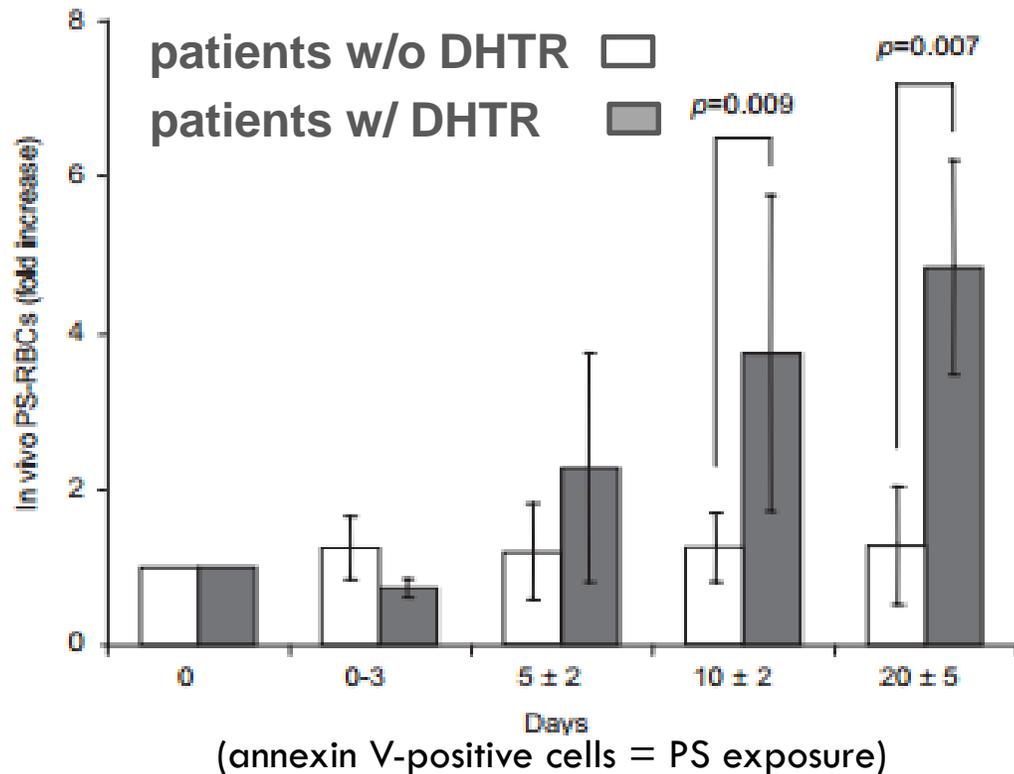


Published Cases of Ab-negative DHTR

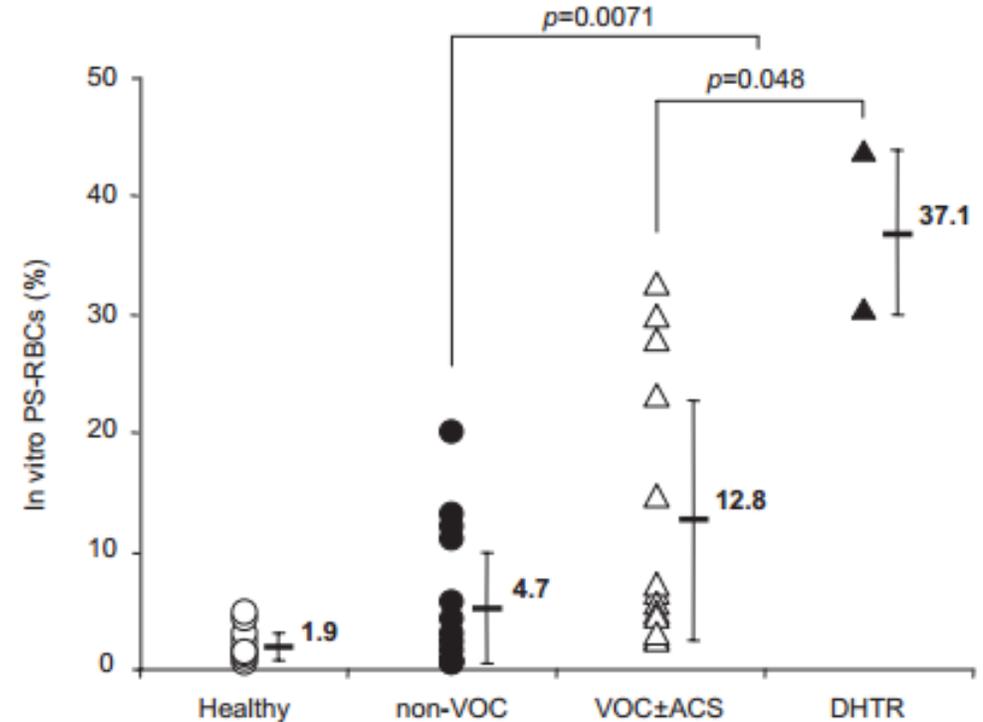


Potential mechanism for Ab-negative DHTRs: Suicidal RBC death from PS exposure

In vivo PS-RBC % increase from pre-transfusion

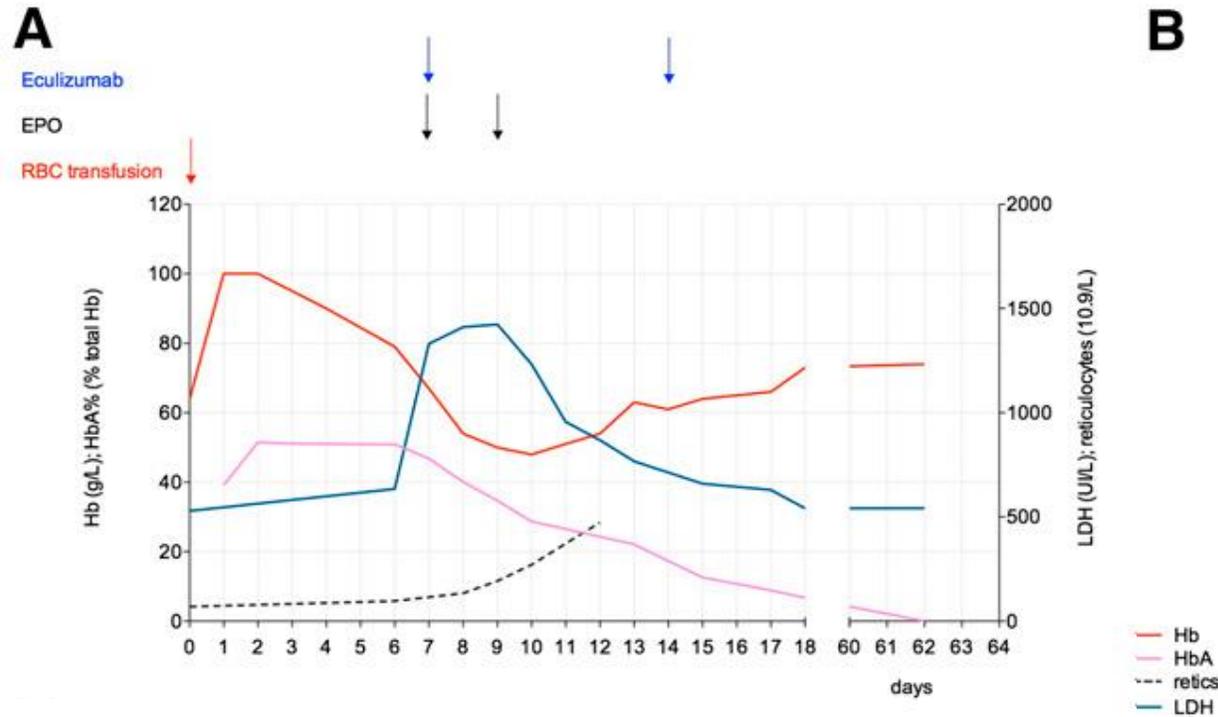


In vitro: patient plasma with donor RBCs



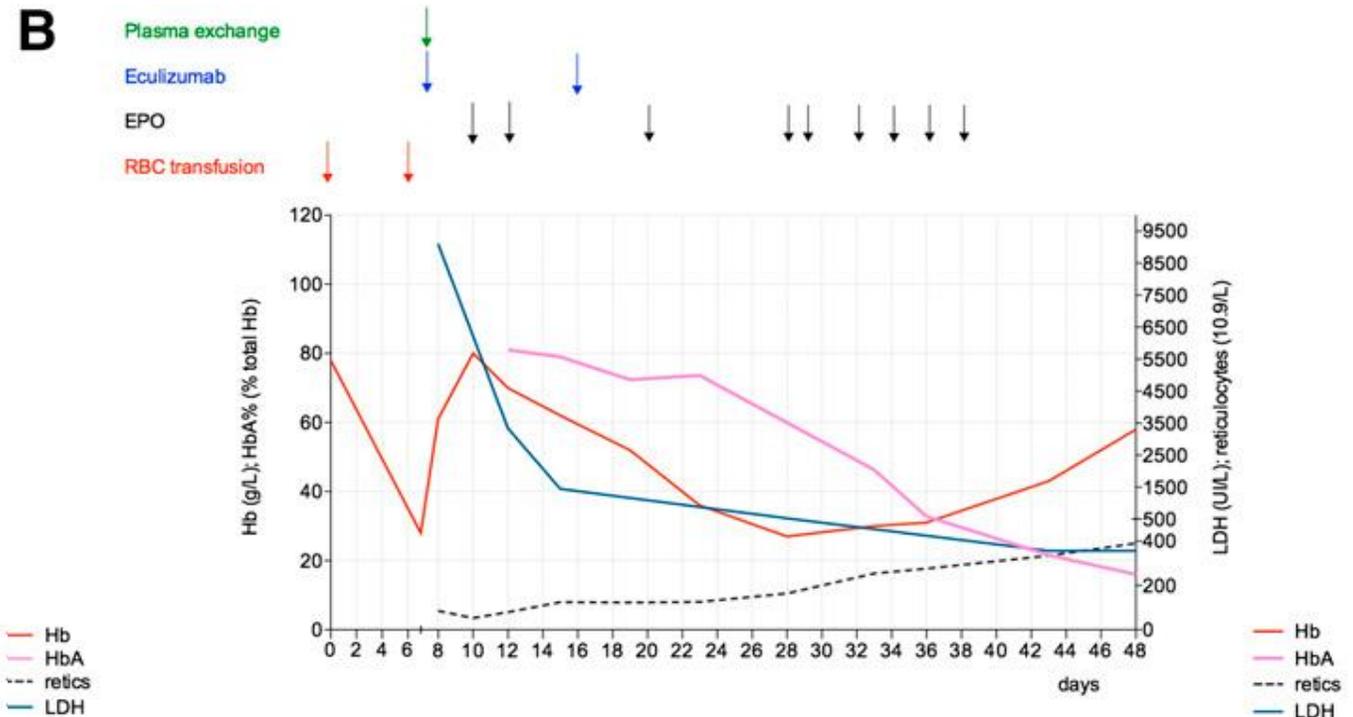
- PS exposure is a signal for eryptosis—suicidal RBC death—involving membrane shedding and leading to the physiologic clearance of apoptotic cells by **macrophages**, via specific PS receptors

Eculizumab salvage therapy for Ab-negative DHTRs in SCD patients



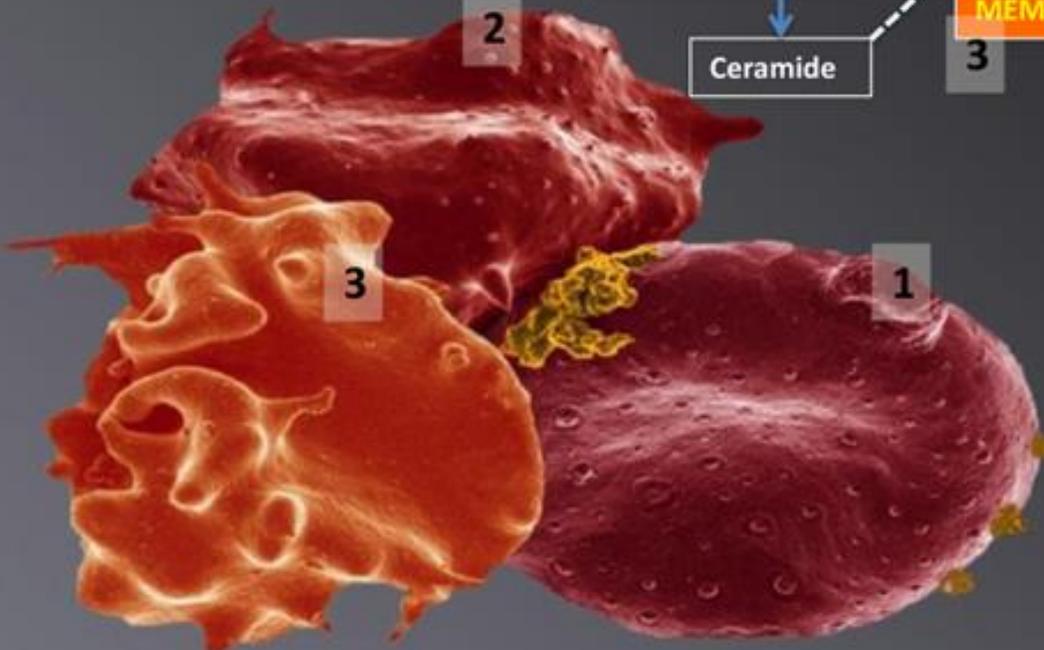
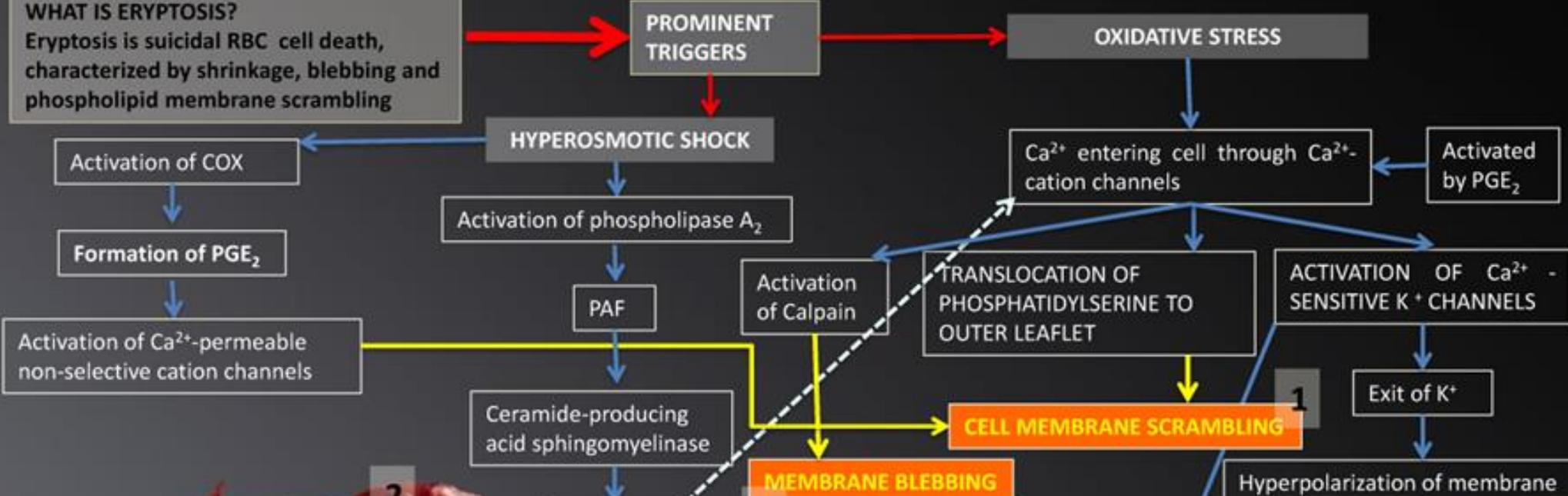
20 yr male w/ HbSS- developed severe VOC/dark urine 6 days post 6 U RBCs for acute stroke

- Dx: DHTR with negative DAT and reticulocytopenia
- **EPO and Eculizumab** given with improvement of VOC and hemoglobinuria within 24 hrs of 1st dose of Eculizumab



- 17 yr male w/ HbSS- severe ACS and dark-colored urine 7 days post 2 U RBCs to treat VOC. MSOF developed after another RBC transfusion (2 U).
- Dx: DHTR with negative DAT and reticulocytopenia
- **EPO and TPE followed by Eculizumab** given with gradual improvement over subsequent 40 days.

WHAT IS ERYPTOSIS?
 Eryptosis is suicidal RBC cell death, characterized by shrinkage, blebbing and phospholipid membrane scrambling



- SELECTED MOLECULES THAT REGULATE ERYPTOSIS**
- AMP-activated kinase
 - C GMP-dependent protein kinase
 - Protein kinase CK 1α
 - Janus-activated kinase 3
 - Casein kinase 1α
 - P52-activated kinase 2

- SELECTED MOLECULES THAT INHIBIT ERYPTOSIS**
- Erythropoietin
 - Antioxidants
 - NO
 - Catecholamines